



PARENT-CHILD HOME PROGRAM

A PROVEN BEGINNING FOR SCHOOL SUCCESS SINCE 1965

SUMMER FUN BUILDS SCHOOL READINESS

To celebrate the importance of literacy and learning during the summer, PCHP will be sharing fun, low-cost activities that families can enjoy together each week. This week we will focus on developing fine motor skills through messy play. During messy, sensory play, children's imaginations and five senses are engaged as they use their fingers and hands to explore, discover and create.

pudding Painting:

Who says you can't play with food? Pudding is inexpensive, easy to find, and safe for young children. (Not to mention, delicious!)

You will need:

- 1 packet of instant vanilla pudding mix
- Milk (or some variation of milk to mix with the pudding)
- Food coloring
- Mixing bowls
- Paper (durable paper works best)



Directions:

- Separate the vanilla pudding into multiple bowls.
- Add a couple drops of food coloring to each bowl to create different colors.
- Model the activity for your child by using your fingers or some sort of brush to 'paint' the paper.
- Encourage your child to be creative and applaud them on their beautiful creations!

Conversational Tips:

- **Talk to your child about the colors.** What color is this? What else is green?
- **Create new colors together.** What happens when we mix blue and red?
- **Encourage your child to draw shapes.** Can you draw a circle? Can you find other circles in the room?
- **Use household items to foster creativity and discussion.** Cut up old sponges, use toilet paper rolls, or items from outside, like flowers, as paintbrushes and/or stamps.
- **Applaud your child.** Wow! What a beautiful painting; I love all of the colors you used! What are you going to paint next?

The Parent-Child Home Program envisions a world where every child enters school ready to succeed because every parent has the knowledge, skills, and resources to build school readiness where it starts: the home. www.parent-child.org